

WINDSOR SCHOOL

October 2017

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit & Juice Milk 	3 Cheeseburger on a Whole Wheat Bun, Super Salad, Mixed Vegetables, Fresh Fruit & Juice Chocolate Milk	4 Grilled Cheese on Whole Wheat Bread, Baked Tater Tots, Tossed Salad, Fresh Fruit & Juice Milk 	5 Italian Hero on a Whole Wheat Roll, Super Salad, Corn, Fresh Fruit & Juice Chocolate Milk 	6 Level III  PLAIN & PEPPERONI PIZZA Chef's Choice
9 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit & Juice Milk 	10 Cheeseburger on a Whole Wheat Bun, Super Salad, Mixed Vegetables, Fresh Fruit & Juice Chocolate Milk	11 Grilled Chicken over Yellow Rice with Green Beans, Tossed Salad, Fresh Fruit, Juice & Milk	12 Spaghetti and Meatballs, Super Salad, Fresh Fruit & Juice Chocolate Milk 	13 Scrambled Eggs and Cheese on Whole Wheat Bread, Corn Tossed Salad, Fresh Fruit, Juice & Milk
16 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit & Juice Milk	17 Cheeseburger on a Whole Wheat Bun Super Salad, Mixed Vegetables, Fresh Fruit & Juice Chocolate Milk	18 Macaroni & Cheese, Tossed Salad, Applesauce, Fresh Fruit & Juice Milk	19 Level III  PLAIN & PEPPERONI PIZZA Chef's Choice	20 SCHOOL CLOSED STAFF DEVELOPMENT DAY 
23 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit & Juice Milk 	24 Cheeseburger on a Whole Wheat Bun Super Salad, Mixed Vegetables, Fresh Fruit & Juice Chocolate Milk	25 Meatball Parmesan On a Whole Wheat Roll, Tossed Salad, Fresh Fruit & Juice Milk 	26 Hot Dog on a Whole Wheat Bun, Baked Tater Tots, Tossed Salad, Fresh Fruit & Juice Chocolate Milk	27 Philly Cheese Steak on a Whole Wheat Hero, Broccoli, Tossed Salad, Fresh Fruit, Juice & Milk
30 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit & Juice Milk	31 Cheeseburger on a Whole Wheat Bun Super Salad, Mixed Vegetables, Fresh Fruit & Juice Chocolate Milk 			

SUPER SALAD: Romaine & Iceberg Lettuce, Tomatoes, Carrots, Red & Green Peppers, Red Cabbage and Garbanzo Beans

Breakfast Menu

Assorted Breakfast Cereals, Juice and Milk Offered Daily

1% white Milk & Fat Free Chocolate Milk is Available Daily at Breakfast and Lunch

This institution is an equal opportunity provider - Click www.ascr.usda.gov/complaint_filing_cust.html for more info.

WINDSOR SCHOOL

October 2017

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Assorted Breakfast Cereals Juice Milk 	3 Assorted Breakfast Cereals Juice Milk	4 Assorted Breakfast Cereals Juice Milk 	5 Assorted Breakfast Cereals Juice Milk	6 Assorted Breakfast Cereals Juice Milk 
9 Assorted Breakfast Cereals Juice Milk	10 Assorted Breakfast Cereals Juice Milk	11 Assorted Breakfast Cereals Juice Milk 	12 Assorted Breakfast Cereals Juice Milk	13 Assorted Breakfast Cereals Juice Milk 
16 Assorted Breakfast Cereals Juice Milk	17 Assorted Breakfast Cereals Juice Milk 	18 Assorted Breakfast Cereals Juice Milk	19 Assorted Breakfast Cereals Juice Milk	20 Assorted Breakfast Cereals Juice Milk 
23 Assorted Breakfast Cereals Juice Milk 	24 Assorted Breakfast Cereals Juice Milk	25 Assorted Breakfast Cereals Juice Milk 	26 Assorted Breakfast Cereals Juice Milk 	27 Assorted Breakfast Cereals Juice Milk
30 Assorted Breakfast Cereals Juice Milk	31 Assorted Breakfast Cereals Juice Milk 			

1% White Milk & Fat Free Chocolate Milk is Available Daily